Sericin Ameliorates the Capacitation State and Chromatin Integrity of Frozen-Thawed Stallion Spermatozoa by Reducing Oxidative Stress

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Abstract

Background: In the process of sperm cryopreservation, apart from cryoinjury, the production of Reactive Oxygen Species (ROS) can adversely affect the integrity of chromatin and cellular membranes. Addition of natural antioxidants to freezing medium is an approach to reduce the destructive effects of ROS on sperm.

Methods: In this study, during 60 min of cooling process, the ejaculates of five stallions were diluted in the following media: INRA 82 medium as Control (C), INRA 82 medium supplemented with 0.25% Sericin (S), INRA 82 medium supplemented with 1.5 mM Glutathione (G), and INRA 82 medium supplemented with 0.25% Sericin+1.5 mM Glutathione (S+G).

Results: In the frozen/thawed sericin supplemented group, while the integrity of DNA and the activity of catalase and Glutathione Peroxidase (GPx) were increased, the lipid peroxidation and midpiece cell normality decreased, compared with other groups (p<0.05). The proportions of sperms with abnormal head in group S and the sperm with distal droplet in G and S+G groups decreased, compared with group C (p<0.05). In CTC assay, the percentage of capacitated spermatozoa in treatment groups was lower than control (p<0.01).

Conclusion: In conclusion, the presence of sericin in freezing medium of stallion semen could improve sperm DNA integrity and its resistance to ROS and lipid peroxidation.


Keywords: Antioxidants, Glutathione, Sericins, Spermatozoa

Introduction

Despite the successes achieved in semen cryopreservation in the cattle industry, there are some limitations in generalization of this technology in the equine breeding industry 1. One of the most important of these limitations is the destructive effect of freeze/thaw process on sperm quality arising from physical and chemical stresses on the sperm plasma membrane. Part of these destructive effects is associated with oxidative stress due to production of Reactive Oxygen Species (ROS) 2. In equine, Polyunsaturated Fatty Acids (PUFAs) of sperm plasma membrane and its DNA structure are specifically vulnerable to oxidative stress 3.

Sperm is protected against ROS and Lipid Peroxidation (LPO) through two principal strategies, using enzymatic and non-enzymatic antioxidants. Glutathione Peroxidase (GPx), Superoxide Dismutase (SOD), and Catalase (CAT) are the most critical enzymatic antioxidants 4,5 and reduced glutathione (GSH), α-tocopherol, ascorbic acid, carotenoids, ubiquinones, taurine, and hypotaurines serve as non-enzymatic antioxidants 6,7. Any disproportion between the antioxidant systems and ROS contents due to seminal plasma dilution during semen processing and/or during freeze-thaw process leads to a significant reduction in the defense system against free radicals and increases the destructive effects of LPO 3. To overcome this problem, various antioxidants were added to semen extenders of different species. A considerable body of evidence indicates that extender supplementation with antioxidants before cryopreservation has improved the post-thaw motility, membrane integrity, and fertilizing ability of sperm in feline 8, canine 9, ovine 10, caprine 11, bovine 12, buffalo 13 and equine 14 species.

Glutathione (L-γ-glutamyl-L-cysteinylglycine, GSH) is a tripeptide ubiquitously found in mammalian spermatozoa and seminal plasma 15 which with thiol (SH) groups has antioxidant characteristics. Therefore, it has an important role to directly react with ROS and work
as a co-factor for GPx to reduce both hydrogen peroxide to H₂O and lipoperoxies to alkyl alcohols. Based on evidence, the glutathione concentration of semen significantly depletes throughout storage period. Additionally, it has been demonstrated that supplementation of extender with low dosage of glutathione improves the spermatozoa quality in some species.

Sericin as a water soluble component of silk which contributes to 20-30% of the total cocoon weight, has an antibacterial and UV resistant properties. Its molecular weight ranges from 10 to 310 kDa, containing 18 kinds of amino acids with high content of the hydroxyl groups of hydroxyamino acids (Serine and threonine) which can suppress in vitro lipid peroxidation and tyrosinase activity. It is indicated that culture medium supplementation with 0.5% sericin improves the developmental competence of bovine embryo by protecting against oxidative stress. It has been also demonstrated that the addition of sericin to freezing medium of various mammalian cells is comparable to the conventional medium containing serum.

Semen freezing was carried out according to Viddament et al. In brief, the loaded 0.5 ml plastic straws with diluted sperm with a final concentration of 2×10⁹ were slowly cooled to 4°C within 60 min. The straws were horizontally placed in racks 4 cm above the surface of Liquid Nitrogen (LN₂) for 12 min, and then directly plunged in LN₂. Two weeks later, the straws were then thawed in a water bath at 37°C for 40 s.

Post thaw sperm analysis
The motility characteristics of sperm including Amplitude of Lateral Head displacement (ALH), Beat Cross Frequency (BCF), curvilinear velocity (VCL), straight line velocity (VSL), average path velocity (VAP), linearity (LIN=VSL/VCL×100), Mean Angular Displacement (MAD), wobble (WOB=VAP/VCL×100), and straightness (STR=VSL/VAP×100) were evaluated after thawing using computer assisted semen analyzers (ASA, Housh and Fanavar, Iran). The spermatozoa were classified into four classes: class A, fast progressively motile spermatozoa; class B, weak progressively motile spermatozoa; class C, non-progressively motile spermatozoa; and class D, immotile spermatozoa. Both classes of A and B were considered as the percentage of progressive motile spermatozoa.

Biochemical assays
The frozen-thawed sperm after homogenizing with ultrasonic homogenizer were subjected to the total protein content assessment using the Bio-Rad protein assay kit (Bio-Rad, Hercules, CA) according to the manufacturer instructions.

Lipid peroxidation was determined by measuring the amount of malondialdehyde (MDA) in the samples using the method of Buege and Aust. Briefly, the thawed and diluted samples with distilled water, were treated with 2 ml of TBA-TCA-HCl reagent (Thiobarbituric acid 0.37%, trichloroacetic acid 15% and 0.25 N HCl) and after coverage with foil were then boiled for 15 min in water bath. The samples were then cooled and centrifuged at 3000 g for 10 min at room temperature. The absorbance of supernatant was measured with

Materials and Methods

Material
All chemicals and reagents were obtained from Sigma (St. Louis, MO) and Gibco (Grand Island, NY, USA), respectively, unless otherwise stated in the text.

Semen collection and processing
Semen was collected (Three times each) from five fertile stallions, 8 to 10 years old, using an artificial vagina (Missouri model, IMV, France). After filtration, the gel-free fraction of the ejaculates was immediately transported to the laboratory for evaluation of spermatozoa quality. Only ejaculates with good wave motion (>60%) were considered for the experiments. The samples after dilution in INRA 82 medium (0.5 L saline solution: 25 g glucose, 1.5 g lactose, 1.5 g raffinose, 0.25 g sodium citrate dihydrate, 0.41 g potassium citrate, 50000 IU penicillin, 50 mg gentamicin, and 0.5 L skim milk) containing 2% centrifuged egg yolk (v/v) and 20 mM HEPES were centrifuged at 600 g for 5 min. The resulting pellets were re-suspended in freezing medium (INRA 82 medium) containing 2% (v/v) egg yolk, 20-mM HEPES, and 2.5%, glycerol (v/v; pH=6.8) and were then considered for experimental groups.

Study design
The diluted semen with freezing medium (ratio 1:1) were randomly divided into the following groups: C) without any supplementation, served as control, S) supplemented with 0.25% sericin, G) supplemented with 1.5 mM Glutathione, and S+G) supplemented with 0.25% sericin+1.5 mM Glutathione. Fifteen ejaculates (three ejaculates from each stallion) after freeze-thaw process were considered for evaluation of the total and progressive motility, lipid peroxidation, DNA and plasma membrane integrity, and enzymatic antioxidant activity of superoxide dismutase, catalase, and glutathione peroxidase.
a spectrophotometer against reference blank at 532 nm.

SOD activity in spermatozoa was assayed according to the method of Kakkat et al. In brief, 50 µl spermatozoa were added to 450 µl distilled water, and treated with 2.45 ml reaction mixture (Xanthine, Nitroblue tetrazolium; NBT; and phosphate buffer). Subsequently, 50 µl of xanthine oxidase (0.1 mg/ml) was added to the mixture, and the reaction was terminated by adding 50 µl copper dichloride (6 mM) every 30 s up to 5 min. The absorbance was recorded at 560 nm and the results were reported as the inhibition rate of NBT reduction.

GPx activity was measured by the method described by Lawrence and Burk. Briefly, 20 µl of spermatozoa were added to 980 µl of the reaction mixture (1 ml phosphate buffer, 100 µl 20 mM sodium azide, 100 µl 3 mM NADPH, 100 µl 10 mM EDTA, 100 µl 20 mM reduced glutathione, and 200 µl 2 U glutathione reductase) and incubated at 37°C for 5 min. Ten µl of hydrogen peroxide was then added to the above mixture. The change in absorbance at 340 nm was monitored against GPx activity unit is defined as µmol of NADPH consumed per min per mg protein.

The catalase (CAT) activity was assayed as described by Goth. In brief, 40 µl spermatozoa after dilution in 160 µl of potassium phosphate buffer were incubated in 1 ml reaction mixture (65 mM hydrogen peroxide in 60 mM potassium phosphate buffer, pH= 7.4) at 37°C for 1 min. The reaction was stopped by the addition of 1 ml 32.4 mM ammonium molybdate solution. The absorbance was measured at 405 nm against a blank (1 ml reaction mixture, 1 ml ammonium molybdate solution and 200 µl of potassium phosphate buffer). One unit of CAT was defined as the amount of enzyme catalyzing the degradation of 1 µmol hydrogen peroxide per min.

**Chromatin structure assay**

Two smears from each ejaculate were prepared on glass slides and air-dried. The smears after fixation in Carnoy’s solution (3:1 methanol:glacial acetic acid) for 2 hr were rinsed with distilled water and then stained with 1% Acridine Orange (AO) for 10 min and after washing, covered with a coverslip and immediately sealed with nail polish. All slides were evaluated with an epifluorescent microscope (Olympus BX51, Japan) at 400x magnification. Spermatozoa with normal chromatin structure were stained as green heads, while spermatozoa with abnormal DNA (Single-strand) were colored from yellow to red (Figure 1). A minimum of 200 spermatozoa per slide were evaluated and percentage of spermatozoa with intact chromatin was calculated for each sample.

**Plasma membrane integrity**

The Hypo-Osmotic Swelling Test (HOST) was used to evaluate spermatozoon membrane integrity after freeze-thaw process. Briefly, 30 µl of each semen sample was added to 200 ml of hypo-osmotic solution (25 mM sodium citrate dihydrate and 75 mM fructose) and incubated at 37°C for 30 min. Then, the smear was prepared on glass slides and covered with a coverslip. At least 200 spermatozoa were counted under phase-contrast microscope at 400x magnification, and percentage of spermatozoa with coiled tail (Intact membrane) was recorded for each sample.

**Sperm morphology**

To evaluate the sperm morphology, samples were stained with Diff-Quick staining. Briefly, from each semen sample, duplicate smears were prepared on glass slides and after fixation, the smears were stained with staining solutions according to the instruction of Diff-Quick staining kit (Avicenna, IRI). The morphology of at least 200 spermatozoa per slide was evaluated under a bright field microscope at 100X magnification and the percentage of normal and abnormal sperm was recorded in each treatment group (Figure 2).

**Capacitation state of spermatozoa**

The Chlortetracycline (CTC) assay was used to assess the capacitation state of spermatozoa. Briefly, 20 µl of CTC solution was laid on a glass slide and thoroughly mixed with 20 µl of each semen sample and after fifteen s, 5 µl of fixative solution was added to the suspension. Afterward, 3 µl of antifade solution was added and the slide covered with a coverslip and sealed with nail polish. The slides were stored at 4°C in dark and examined at 100X magnification within 2 hr of storage.
preparation under epifluorescence microscope (Olympus BX51, Japan). Two hundred sperm with duplicate from each sample were assessed according to those described by Schembri et al. 35. The patterns of staining were considered as follows: F-pattern; green fluorescence over the entire spermatozoon head, uncapacitated sperm with intact acrosome, B-pattern; fluorescence-free band on the post-acrosomal area, capacitated sperm with intact acrosome, and AR-pattern; non-fluorescence over the entire spermatozoon head or except for a thin line of fluorescence on the equatorial area, acrosome-reacted spermatozoon (Figure 3). Spermatozoon that did not fit into any of these described patterns, were not considered for analysis.

Statistical analysis
Normality and homogeneity of variances were confirmed using Kolmogorov–Smirnov and Levene’s tests, respectively. Statistical analyses were conducted with SPSS 20.0 (SPSS, Chicago, IL, USA). Data were analyzed by one-way ANOVA followed by LSD post hoc test, and differences were considered significant at p<0.05. Results were presented as mean±SEM.

Results
Spermatozoon parameters
As shown in table 1, supplementation of freezing medium with antioxidants had no significant effect on the spermatozoon motility parameters (total motility, progressive motility, VCL, VSL, VAP, MAD, ALH, BCF, LIN, WOB and STR). Among all classes of spermatozoon, only class B (weak progressive motile spermatozoon) was higher in Sericin (S) compared to Glutathione (G) group (p<0.05).

Biochemical parameters
The effect of freezing medium supplementation with antioxidants on lipid peroxidation and enzymatic antioxidant activities of thawed stallion semen are shown in table 2. As shown, the level of lipid peroxidation in sericin supplemented group was significantly lower than other treatment groups (p<0.01), though, sericin in combination with glutathione had no such effect. Similarly, CAT and GPx activities of frozen-thawed semen were significantly higher when the extender medium was supplemented only with sericin compared to other groups (p<0.01). Nevertheless, extender supplementation with sericin or other antioxidants could not improve the percentage of SOD inhibition compared to control.

Chromatin structure and plasma membrane integrity
As shown in figure 4, the percentage of spermatozoon with normal DNA structure was significantly higher in sericin supplemented group compared with other groups (p<0.05). No significant difference was observed among groups regarding plasma membrane integrity detected by hypo-osmotic swelling test (p>0.05).

Morphology of spermatozoon
As shown in table 3, the abnormality of sperm heads

Table 1. The effect of supplementation of semen extender with antioxidants on sperm motility parameters in frozen-thawed stallion sperm

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Control</th>
<th>Sericin</th>
<th>Glutathione</th>
<th>Sericin+Glutathione</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motile spermatozoon (%)</td>
<td>44.7±4.59</td>
<td>49.8±4.06</td>
<td>44.1±5.06</td>
<td>43.0±6.70</td>
</tr>
<tr>
<td>Progressive spermatozoon (%)</td>
<td>32.5±7.20</td>
<td>38.5±5.50</td>
<td>30.9±7.00</td>
<td>37.4±9.10</td>
</tr>
<tr>
<td>Class A (%)</td>
<td>19.9±5.70</td>
<td>20.2±6.20</td>
<td>18.4±7.02</td>
<td>23.3±8.50</td>
</tr>
<tr>
<td>Class B (%)</td>
<td>12.6±1.65</td>
<td>18.2±2.30</td>
<td>12.5±0.59</td>
<td>13.7±1.99</td>
</tr>
<tr>
<td>Class C (%)</td>
<td>12.2±2.00</td>
<td>11.3±2.27</td>
<td>13.1±2.00</td>
<td>11.8±2.50</td>
</tr>
<tr>
<td>Class D (%)</td>
<td>55.2±5.40</td>
<td>50.1±4.06</td>
<td>55.9±5.59</td>
<td>50.7±6.70</td>
</tr>
<tr>
<td>VCL (µm/s)</td>
<td>34.9±5.57</td>
<td>36.3±4.15</td>
<td>34.8±5.70</td>
<td>37.9±4.79</td>
</tr>
<tr>
<td>VSL (µm/s)</td>
<td>17.4±3.98</td>
<td>19.7±4.42</td>
<td>16.7±3.21</td>
<td>22.1±7.01</td>
</tr>
<tr>
<td>VAP (µm/s)</td>
<td>21.7±4.22</td>
<td>24.0±4.54</td>
<td>20.9±4.37</td>
<td>26.5±7.16</td>
</tr>
<tr>
<td>MAD (%)</td>
<td>10.5±3.99</td>
<td>8.9±2.51</td>
<td>8.7±2.35</td>
<td>8.3±2.55</td>
</tr>
<tr>
<td>ALH (µm)</td>
<td>1.9±0.16</td>
<td>2.0±0.12</td>
<td>1.9±0.19</td>
<td>1.9±0.20</td>
</tr>
<tr>
<td>BCF (Hz)</td>
<td>0.3±0.12</td>
<td>0.2±0.10</td>
<td>0.27±0.11</td>
<td>0.3±0.13</td>
</tr>
<tr>
<td>LIN (%)</td>
<td>32.9±4.38</td>
<td>39.7±4.05</td>
<td>31.4±6.14</td>
<td>38.0±8.70</td>
</tr>
<tr>
<td>WOB (%)</td>
<td>45.7±4.15</td>
<td>52.9±3.57</td>
<td>44.6±5.98</td>
<td>50.5±7.16</td>
</tr>
<tr>
<td>STR (%)</td>
<td>48.9±5.19</td>
<td>55.10±3.86</td>
<td>47.9±6.32</td>
<td>51.9±7.62</td>
</tr>
</tbody>
</table>

VCL: Curvilinear velocity, VSL: Straight line velocity, VAP: Average path velocity, MAD: Mean angular displacement, ALH: Amplitude of lateral head displacement, BCF: Beat cross frequency, LIN: Linearity index (LIN=VSL/VCL×100), WOB: Wobble (WOB=VAP/VCL×100), and STR: Straightness index (STR=VSL/VAP×100).

a, b) Different superscripts within the same row demonstrate significant difference (p<0.05).
was lower in the sericin supplemented group (5.20±0.13) compared to the control (6.20±0.48; p<0.05). The midpieces abnormality was also lower in the S group (1.53±0.08) compared to the other groups (p<0.05). The distal droplet in the G (6.40±0.40) and S+G (6.53±0.22) groups was lower than the C group (7.40±0.22; p<0.05). There were no significant differences among groups in terms of other abnormalities (p>0.05).

**Capacitation state of spermatozoa**

As shown in figure 5, the percentage of uncapacitated spermatozoa (F-pattern) in frozen–thawed semen in antioxidants supplemented groups was greater than control (p<0.01). On the other hand, the percentage of capacitated spermatozoa (B-pattern) in control was higher than treatment groups (p<0.01). There was no difference among groups in terms of acrosome-reacted spermatozoa (AR-pattern; p>0.05).

**Discussion**

The process of cryopreservation with production of oxidants and free radicals can damage the sperm. In the present study, adding sericin as a natural antioxidant, to INRA82 extender of stallion semen, alone or in combination with glutathione, slightly improved some of the sperm quality parameters. Kumar et al evaluated the effect of adding different concentrations of sericin to freezing medium of buffalo semen and concluded that 0.25, 0.5, and 1% of sericin ameliorated the total and progressive spermatozoa motility.36 There are conflicting reports regarding the effects of glutathione on the sperm motility parameters in different species, as some of them have shown positive effects12,18,34,35 while others have indicated negative effects17,19,36,37. This difference among the studies may be related to the kind of semen extender, dosage of GSH and/or inter-species differences. A dose-response study perhaps may be helpful to determine the optimal concentration of GSH.

<table>
<thead>
<tr>
<th>Parameters (%)</th>
<th>Control</th>
<th>Sericin</th>
<th>Glutathione</th>
<th>Sericin+Glutathione</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal</td>
<td>61.87±0.24</td>
<td>61.87±0.29</td>
<td>62.13±0.13</td>
<td>61.67±0.38</td>
</tr>
<tr>
<td>Abnormal heads</td>
<td>6.20±0.48</td>
<td>5.20±0.13</td>
<td>5.40±0.24</td>
<td>5.67±0.23</td>
</tr>
<tr>
<td>Abnormal midpieces</td>
<td>1.93±0.12</td>
<td>1.53±0.08</td>
<td>2.20±0.13</td>
<td>2.20±0.08</td>
</tr>
<tr>
<td>Bent midpieces</td>
<td>6.47±0.27</td>
<td>6.67±0.38</td>
<td>6.47±0.30</td>
<td>6.27±0.19</td>
</tr>
<tr>
<td>Proximal droplet</td>
<td>7.73±0.06</td>
<td>8.47±0.30</td>
<td>7.60±0.41</td>
<td>8.00±0.31</td>
</tr>
<tr>
<td>Distal droplet</td>
<td>7.40±0.22</td>
<td>6.80±0.22</td>
<td>6.40±0.40</td>
<td>6.53±0.22</td>
</tr>
<tr>
<td>Bent tails</td>
<td>6.80±0.38</td>
<td>7.53±0.22</td>
<td>7.47±0.34</td>
<td>7.73±0.26</td>
</tr>
<tr>
<td>Tailless heads</td>
<td>1.60±0.06</td>
<td>1.93±0.43</td>
<td>2.33±0.33</td>
<td>1.93±0.19</td>
</tr>
</tbody>
</table>

a, b: Different superscripts within the same row demonstrate significant differences (p<0.05).
The result of biochemical assay showed that enzymatic antioxidant system (Except for the SOD activity) was improved in the frozen-thawed stallion semen when the extender was supplemented with sericin alone. Moreover, MDA concentration was significantly decreased by adding sericin when compared to the control and other treatment groups. This finding was in agreement with previous study where adding 0.25 and 0.5% sericin to the frozen-thawed buffalo semen had positive effects on GPx activity and LPO amelioration.

The GPx and catalase enzymes play an important role in hydrogen peroxide removal and enhancement of GPx and catalase activities, which in turn leads to an increase in antioxidant capacity of the sperm. In a study on the skin fibroblast cell line (AH927) treated with hydrogen peroxide, it has been shown that sericin reduces the lactate dehydrogenase and malondialdehyde activities. Similarly, in our study, sericin as a natural antioxidant, could reduce LPO and protect the spermatozoa against oxidative stress. Although the antioxidant properties of sericin have been confirmed by several studies, its scavenging mechanisms have not been clearly identified. One possible mechanism may be related to the chelating effect of hydroxyl group of serine and threonine that are dominant amino acids (about 40%) in the sericin protein. However, due to the low concentration of these amino acids with thiol group, it is unlikely that this is the reason for sericin antioxidant activity.

In the present study, plasma membrane integrity (HOST) was not affected by sericin treatment. It has been demonstrated that SOD, as an enzymatic antioxidant, plays a positive role in the spermatozoa membrane integrity following cryopreservation process. On the other hand, due to physical damage to sperm plasma membranes in the cryopreservation process and SOD leakage, the protective effect of SOD on plasma membrane is reduced. Since in our study the sericin had no positive effect on SOD activity, no improvement was observed in sperm membrane integrity.

In the present study, the addition of GSH alone or in combination with sericin could not protect the stallion spermatozoa from free radicals and LPO which was in agreement with Zhandi and Ghadimi study who reported 2 hr exposure of miniature Caspian horse semen to GSH which could not improve the plasma membrane integrity. However, in another study, the addition of 2.5 mM GSH to the freezing extender could increase the spermatozoa membrane integrity. This discrepancy may be related to the kind of semen extender and/or dosage of GSH.

Sericin has a protective role against damage to sperm by radicals. Therefore, it could protect sperm from ROS and improve the sperm quality and capacitation. The results of this study suggest that sericin with its antioxidant properties could minimize the damage to sperm during freezing and thawing process. The results of this study also showed that the combination of sericin and antioxidants could improve the sperm quality and fertility of stallions.

Conclusion

In conclusion, this study indicated that supplementation of semen extender with sericin prior to cryopreservation could improve the enzymatic antioxidant activity, DNA integrity, lipid peroxidation, capacitation state, and somehow the morphologic characteristics of the stallion sperm which may be applicable to other species.

Acknowledgement

The authors would like to express their gratitude to stuff of Research Institute of Animal Embryo Technol-
ogy, Shahrekord University, for their great technical support.

Conflict of Interest

None of the authors has any conflict of interest to declare.

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